

Positive Alternatives 2017 - 18 Quarterly Update

Grantee (Name and city): Wakota Life Care Center, West St. Paul

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Goal: To provide necessary services and referrals to pregnant and parenting women in Dakota and Ramsey

For the period/quarter: October 31 through December 31, 2017/4th Quarter, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Administer all Positive Alternative grant activities			
Outreach	Develop relationships and partnerships with strategic community agencies in our service area, focusing on the Latino community.		We continue to work on developing partnerships with our community. We have made significant advances in the Latino community due to our full-time Spanish speaking Advocate and Portuguese speaking Doula.	
Case Management Services	Provide follow up calls/contact with positive pregnancy test clients.	50	As with other quarters in this reporting cycle, our numbers have greatly increased. We attribute this to our services and process improvement of our delivery methods.	135

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Crib Distribution/ Sleep Safety Education		10	This number is high due to the demand we are seeing at Wakota. Many people are unable to obtain a Pack n'Play elsewhere, therefore they come to Wakota. Everyone receiving a Pack n'Play receives this education.	58
Financial Assistance	Provide assistance in completing financial aid applications (Cradle of Hope, Life Fund, and other applicable agency applications) to pregnant and parenting women.	25	This number is down due to demand. Some of the applicants did not qualify for the financial assistance and are not reflected in this number.	11
Life-Skills Education Program	Provide educational programs to pregnant and parenting women that are about building life skills such as budgeting, relationship building, and housing.	5	Our Wakota Learns programming is going very well and we attribute this to being tailored to the clients' needs. We developed our own curriculum around this and the demand has greatly grown. We just implemented Wakota Learns within the past two years. We offer this class in Spanish and English.	31
Material Support	Provide baby and maternity clothing, diapers, layettes, baby equipment or furniture items (non-incentive based) to pregnant and parenting women (once-a-month frequency).	175	Our numbers are very high because we are one of the only places that provides material support without condition. If someone needs something, we provide it. We have connected with many agencies and other social services groups that have helped spread the word about our program.	938
Nutrition	Provide prenatal vitamins to every pregnant women with a positive pregnancy test.	35	This number is based on positive pregnancy tests.	42

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Parenting Education	Provide parenting programs that are specifically designed to educate pregnant and parenting women on parenting skills, including infant care, positive parenting, and discipline.	5	Our Wakota Learns programming is going very well and we attribute this to being tailored to the clients' needs. We developed our own curriculum around this and the demand has greatly grown. We just implemented Wakota Learns within the past two years. We offer this class in Spanish and English.	29
Pregnancy Education Program	Provide educational programming that is specifically designed to educate pregnant and parenting women about pregnancy, including prenatal classes, childbirth education classes, smoking cessation, drug/alcohol cessation, prenatal nutrition, and doula services.	5	Our Wakota Learns programming is going very well and we attribute this to being tailored to the clients' needs. We developed our own curriculum around this and the demand has greatly grown. We just implemented Wakota Learns within the past two years. We offer this class in Spanish and English.	30
Pregnancy Testing	Provide eligibility assessment, pregnancy counseling, and testing.	75	We continue to see our numbers hold steady for pregnancy tests. We attribute this to the welcoming/judgment-free/no-cost nature of the test. Also the outreach of our partnerships with other agencies helps drive our numbers (and word-of-mouth).	89
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services.	60	Our dedicated and caring staff reviews our services and the needs of each client. We have a wonderful, ever expanding referral network. Our staff works very diligently to keep the referral list updated and fresh. We want to ensure that we can provide the best information and help to our clients while they are with us.	63

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
	Utilize resource database to provide information and make referrals			
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals		Our dedicated and caring staff reviews our services and the needs of each client. We have a wonderful, ever expanding referral network. Our staff works very diligently to keep the referral list updated and fresh. We want to ensure that we can provide the best information and help to our clients while they are with us.	46
Ultrasound	Provide limited diagnostic ultrasound services (including assessment, intake and counseling). Offered to all positive pregnancy test women.	30	Adding a second full day of ultrasound has allowed us to provide even more ultrasound than expected. Also, this number is due to the positive pregnancy tests.	45

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	20
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	55
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	55
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	55
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

Challenges:

We need more space at our facility. We could be serving even more women and families.

Comments:

We are excited to continue the much-needed work for our community with the help of the PAG.